



BIO MED REALTY TRUST, INC.

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BIOMED REALTY TRUST ANNOUNCES TAX TREATMENT OF 2007 DISTRIBUTIONS

SAN DIEGO, Calif. – January 29, 2008 – BioMed Realty Trust, Inc. (NYSE:BMR) today announced the tax treatment of its 2007 distributions as follows:

Security Description: Common Stock
CUSIP: 09063H107
Ticker Symbol: BMR

Record Date	Payable Date	Total Distribution Per Share	Allocable to 2007	Taxable Ordinary Dividend	Return of Capital	Long-Term Capital Gain	Unrecaptured Section 1250 Gain
12/29/2006	1/16/2007	\$0.290000	\$0.290000	\$0.237498	\$0.052502	\$0.000000	\$0.000000
3/30/2007	4/16/2007	\$0.310000	\$0.310000	\$0.253877	\$0.056123	\$0.000000	\$0.000000
6/29/2007	7/16/2007	\$0.310000	\$0.310000	\$0.237089	\$0.056123	\$0.016788	\$0.009224
9/28/2007	10/15/2007	\$0.310000	\$0.310000	\$0.253877	\$0.056123	\$0.000000	\$0.000000
Totals		\$1.220000	\$1.220000	\$0.982341	\$0.220871	\$0.016788	\$0.009224

Security Description: 7.375% Series A Cumulative Redeemable Preferred Stock
CUSIP: 09063H206
Ticker Symbol: BMR PR A

Record Date	Payable Date	Total Distribution Per Share	Allocable to 2007	Taxable Ordinary Dividend	Return of Capital	Long-Term Capital Gain	Unrecaptured Section 1250 Gain
3/30/2007	4/16/2007	\$0.455820	\$0.455820	\$0.455820	\$0.000000	\$0.000000	\$0.000000
6/29/2007	7/16/2007	\$0.455820	\$0.455820	\$0.432753	\$0.000000	\$0.023067	\$0.012674
9/28/2007	10/15/2007	\$0.460940	\$0.460940	\$0.460940	\$0.000000	\$0.000000	\$0.000000

Totals	\$1.372580	\$1.372580	\$1.349513	\$0.000000	\$0.023067	\$0.012674
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The distributions payable on January 15, 2008 to shareholders of record on December 31, 2007 are considered 2008 distributions for federal income tax purposes.

The company did not incur any foreign taxes during 2007. In addition, only for purposes of calculating alternative minimum taxable income under Section 55 of the Internal Revenue Code of 1986, as amended, the company apportions \$0.002 per common share and Series A preferred share attributable to depreciation, each assuming a full year of ownership. Stockholders are encouraged to consult with their personal tax advisors as to their specific tax treatment of BioMed Realty Trust distributions.

About BioMed Realty Trust

BioMed Realty Trust, Inc. is a real estate investment trust (REIT) focused on Providing Real Estate to the Life Science Industry®. The company's tenants primarily include biotechnology and pharmaceutical companies, scientific research institutions, government agencies and other entities involved in the life science industry. BioMed Realty Trust owns or has interests in 68 properties, representing 104 buildings with approximately 8.5 million rentable square feet, as well as approximately 1.9 million square feet of development in progress. These properties are located predominantly in the major U.S. life science markets of Boston, San Diego, San Francisco, Seattle, Maryland, Pennsylvania and New York/New Jersey, which have well-established reputations as centers for scientific research. Additional information is available at www.biomedrealty.com.

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